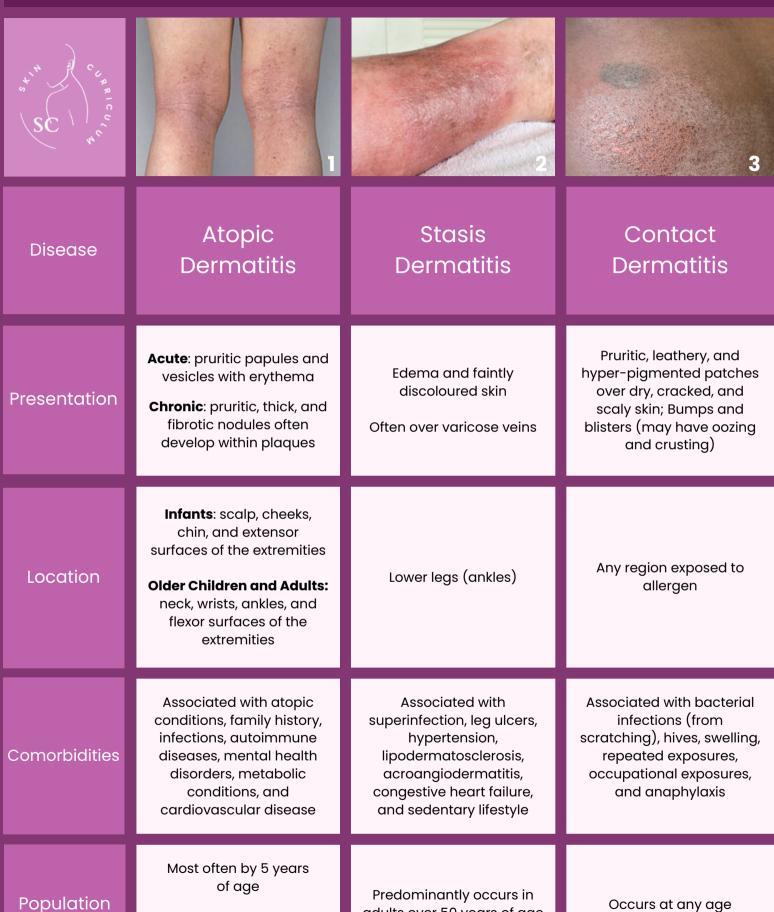
Common Dermatitic Diseases



Highest incidence between 3-6 months of age

Predominantly occurs in adults over 50 years of age

Occurs at any age

Common Dermatitic Diseases Continued

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Atopic Dermatitis

Stasis Dermatitis

Contact Dermatitis

Causes

Genetic susceptibility, immune dysfunction, and epidermal barrier dysfunction Poor blood flow due to weakening of valves in the lower legs that leads to leakage, venous insufficiency and stasis Allergic reaction caused by allergen, which irritates the skin (e.g., acids, cleaning products, plants, hair dyes, nail polish remover, and paints)

Treatments

Mild: Antihistamines, avoidance of itching, frequent moisturizing, lowpotency corticosteroid ointments

Moderate: Topical corticosteroids, topical calcineurin inhibitors, topical PDE4 inhibitors, and topical JAK inhibitors

Severe: Cyclosporine, methotrexate, prednisone, mycophenolate, azathioprine, and injectable biologics (dupilumab, tralokinumab) **Mild**: Compression stockings, leg elevation, avoidance of high salt foods, vitamin C, Rutin, and exercise

Moderate: Topical corticosteroids, and vein ablation

Severe: Oral antibiotics, venoactive/phlebotonic drugs (e.g. escin, hydroxyethylrutoside, calcium dobesilate), and flavonoids (diosmin, hesperidin, diosmiplex)

Mild: Trigger avoidance, personal protective equipment (gloves, clothing) when handling triggering substance, and use of moisturizers

Moderate: Over the counter anti-itch creams, topical or oral antihistamines, corticosteroid creams, and prednisone

Severe: Oral corticosteroids

Additional Images













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